

Parental Notification of 2018-2019 BMI School Survey

As part of a required school health examination, a student is weighed, and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. The survey involves **only** those students in who were in grades Kindergarten, 2, 4, 7 and 10 **LAST YEAR**.

The Spencer Van Etten school district was chosen to be part of the survey this year. We will be reporting our student's weight status group to the New York State Department of Health. This information will help health officials develop programs that make it easier for children to be healthier. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report. **If you do not wish to have your child's health weight status group information included as part of the Health Department's survey this year, please contact your child's school nurse no later than January 25th, 2019.**

Tammy Martinez – Elementary School 589-7118
Donna Gulde – Middle School 589-7128
Teri Vallely– High School 589-7148