

Available daily options:

- PBJ Sandwich, Assorted Milk
- Meat chef salad w/bread choice
- Vegetarian chef salad w/bread choice
- Yogurt Cups w/bread choice
- Fruit and Vegetable Choices

DECEMBER 2021

SPENCER-VAN ETTEN MIDDLE SCHOOL



This institution is an equal opportunity employer & provider

Monday

Tuesday

Wednesday

Thursday

Friday

1
HALF DAY
Parent/Teacher Conferences

Assorted Subs & Wraps
Fruit & Vegetable Choices

2
Homemade
Macaroni & Cheese
Green Beans

3
Cheeseburgers
Baby Carrots

6
Breakfast Sandwiches
Tater Tots
Carrots

7
Beef or Bean
Walking Taco
Rice
Corn
Refried Beans

8
Orange Chicken with Rice
Steamed Broccoli
Egg Roll

9
Chicken Alfredo
Green Beans
Fruit Crisp

10
Philly Steak Sub
French Fries
Baby Carrots

13
Chicken Nuggets
Carrots

14
Lasagna Roll Ups
Green Pepper Strips

15
Toasted Cheese Sandwich
Hot Tomato Soup

16
Turkey & Gravy
Mashed Potatoes
Corn

17
Ultimate Cheese Breadstick
w/Marinara
Baby Carrots

20
Italian Meatball Sub
w/Mozzarella Cheese
Carrots

21
Chicken Soft Taco
Rice
Corn

22
Teriyaki Beef w/Rice
Steamed Broccoli
Cinnamon Applesauce
Jell-o

23
Mozzarella Sticks
w/ Pasta & Marinara
Green Beans



27

28

29

30

31

Happy Holidays



Pricing – Breakfast & Lunch \$0.00 Milk & Ala Carte Sides – \$.75 Snacks - \$.50 - \$1.30

Note: Each student gets 1 free breakfast & 1 free lunch at no charge per school day. Each breakfast & lunch MUST BE A COMPLETE REIMBURSABLE MEAL, or student will be charged ala carte for each item on their tray.

Breakfast: Daily choice of cereal, oatmeal bar, 4 oz yogurt cup, bagel, muffin tops, 100% juice, fruit choice & Asst. milk

M – Mini Pancakes T – Cinnamon Roll W – Breakfast Pizza TH – French Toast F – Breakfast Sandwiches

This menu is subject to change without advanced notice. If you have questions, comments or concerns contact the Food Service Office at 589-7150