

Available daily options:

PBJ Sandwich, Assorted Milk

M/W/F – Assorted Pizzas

Meat chef salad w/bread choice

T/TH – Chicken Patties

Vegetarian chef salad w/bread choice

Yogurt Cups w/bread choice

Assorted Subs & Wraps, Fruit and Vegetable Choices

JANUARY 2022

SPENCER-VAN ETTEN HIGH SCHOOL



PAY FOR MEALS ONLINE
MySchoolBucks.com

This institution is an equal opportunity employer & provider

Monday

Tuesday

Wednesday

Thursday

Friday

3

French Toast Sticks
w/Sausage
Tater Tots
Glazed Carrots

4

Beef or Bean
Walking Taco
Golden Sweet Corn
Refried Beans

5

Bacon Cheeseburger
on a Bun
Fresh Green Pepper Strips

6

Chicken and Biscuits
Mashed Potatoes w/Gravy
Green Beans

7

Pizza Dunkers
w/Marinara Sauce
Baby Carrots

10

Buffalo Chicken Smackers
Glazed Carrots

11

Baked Chicken Burrito
Brown Rice
Golden Sweet Corn

12

Orange Chicken
W/Brown Rice
Steamed Broccoli
Egg Roll

13

Homemade
Macaroni & Cheese
Fruit Crisp
Green Beans

14

Chicken Philly Sub
French Fries
Baby Carrots

18

Breakfast Sandwiches
Tater Tots
Glazed Carrots

19

Toasted Cheese Sandwich
Hot Tomato Soup

20

BBQ Pulled Pork
on a Bun
Green Beans

21

Ultimate Cheese
Breadstick
w/Marinara
Baby Carrots

24

Italian Meatball Sub
w/Mozzarella Cheese
Baby Carrots

25

Beef or Bean
Nacho Grande
Golden Sweet Corn
Refried Beans

26

Sesame Beef
W/Brown Rice
Steamed Broccoli

27

Southwest Taco Salad
w/Tortilla Chips
Green Beans

28

Chicken Spiedie Sub
French Fries
Baby Carrots

Conference Day
No School
for Students

Pricing – Breakfast & Lunch \$0.00 Milk & Ala Carte Sides – \$.75 Snacks - \$.50 - \$1.30

Note: Each student gets 1 free breakfast & 1 free lunch at no charge per school day. Each breakfast & lunch MUST BE A COMPLETE REIMBURSABLE MEAL, or student will be charged ala carte for each item on their tray.

Breakfast: Daily choice of cereal, oatmeal bar, 4 oz yogurt cup, bagel, muffin tops, 100% juice, fruit choice & Asst. milk

M – Breakfast on a Stick T – Cinnamon Roll W – Breakfast Pizza TH – French Toast F – Breakfast Sandwiches

This menu is subject to change without advanced notice. If you have questions, comments or concerns contact the Food Service Office at 589-7150