

Available daily options:

- PBJ Sandwich, Assorted Milk
- Meat chef salad w/bread choice
- Vegetarian chef salad w/bread choice
- Yogurt Cups w/bread choice
- Fruit and Vegetable Choices

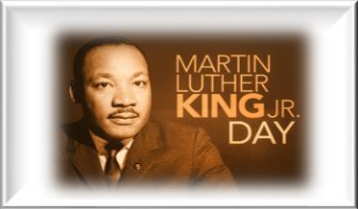
JANUARY 2022

SPENCER-VAN ETTEN MIDDLE SCHOOL



PAY FOR MEALS ONLINE
[MySchoolBucks.com](https://www.myschoolbucks.com)

This institution is an equal opportunity employer & provider

Monday	Tuesday	Wednesday	Thursday	Friday
3 French Toast Sticks w/Sausage Tater Tots Glazed Carrots	4 Beef or Bean Walking Taco Golden Sweet Corn Refried Beans	5 Cheeseburger on a Bun Fresh Green Pepper Strips	6 Pasta Bake w/Garlic Breadstick Green Beans	7 Cheese or Pepperoni Pizza Baby Carrots
10 Chicken Smackers Glazed Carrots	11 Lasagna Roll Ups W/Breadstick Green Beans	12 Orange Chicken W/Brown Rice Steamed Broccoli Egg Roll	13 Homemade Macaroni & Cheese Fruit Crisp Green Beans	14 Pizza Dunkers w/Marinara Sauce Baby Carrots
	18 Breakfast Sandwiches Tater Tots Glazed Carrots	19 Toasted Cheese Sandwich Hot Tomato Soup	20 BBQ Pulled Pork on a Bun Green Beans	21 Ultimate Cheese Breadstick w/Marinara Baby Carrots
24 Italian Meatball Sub w/Mozzarella Cheese Baby Carrots	25 Beef or Bean Nacho Grande Golden Sweet Corn Refried Beans	26 Sesame Beef w/Brown Rice Steamed Broccoli	27 Southwest Taco Salad w/Tortilla Chips Green Beans	28 Crispy Chicken Patty on a Bun French Fries Baby Carrots

Conference Day
 No School
 for Students

Pricing – Breakfast & Lunch \$0.00 Milk & Ala Carte Sides – \$.75 Snacks - \$.50 - \$1.30

Note: Each student gets 1 free breakfast & 1 free lunch at no charge per school day. Each breakfast & lunch MUST BE A COMPLETE REIMBURSABLE MEAL, or student will be charged ala carte for each item on their tray.

Breakfast: Daily choice of cereal, oatmeal bar, 4 oz yogurt cup, bagel, muffin tops, 100% juice, fruit choice & Asst. milk

M – Mini Pancakes T – Cinnamon Roll W – Breakfast Pizza TH – French Toast F – Breakfast Sandwiches

This menu is subject to change without advanced notice. If you have questions, comments or concerns contact the Food Service Office at 589-7150

