

Available Daily Options:

- PBJ Sandwich, Assorted Milk
- Meat chef salad w/bread choice
- Vegetarian chef salad w/bread choice
- Yogurt Cups w/bread choice
- Fruit and Vegetable Choices

MAY 2022

SPENCER-VAN ET TEN MIDDLE SCHOOL

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

This institution is an equal opportunity employer & provider

Monday

French Toast Sticks **2**
w/Sausage
Tater Tots
Sliced Carrots

Tuesday

Beef Philly Sub **3**
w/ Peppers & Onions
Golden Sweet Corn

Wednesday

SCHOOL LUNCH **4**
HERO DAY
Toasted Cheese Sandwich
Hot Tomato Soup

Thursday

Homemade **5**
Macaroni & Cheese
Green Beans

Friday

Cheese Ravioli **6**
w/Marinara Sauce
Fresh Baby Carrots

Pulled Pork BBQ **9**
On A Bun
French Fries
Sliced Carrots

Beef or Bean **10**
Walking Taco
Refried Beans
Golden Sweet Corn

Orange Chicken **11**
w/ Brown Rice
Steamed Broccoli

Mozzarella Sticks **12**
w/Pasta & Marinara
Green Beans

Ultimate Cheesy Bites **13**
w/Marinara
Fresh Baby Carrots

Italian Meatball Sub **16**
w/ Mozzarella Cheese
Fresh Baby Carrots

Spicy Chicken Patty **17**
Fresh Green Pepper Slices

Southwest Taco Salad **18**
w/Tortilla Chips
Black Beans

Turkey & Gravy **19**
Mashed Potatoes
Green Beans
Fruit Crisp

Pizza Dunkers **20**
w/Marinara Sauce
Fresh Baby Carrots

Buffalo Chicken Wrap **23**
Fresh Baby Carrots

Cheeseburgers **24**
Baked Beans
Fresh Watermelon Slice

Strawberry Yogurt Parfait **25**
w/ Bread Choice
Fresh Green Pepper Strips

Chicken Alfredo **26**
Steamed Broccoli
Fruited Jell-o
w/Whipped Topping

Breakfast Sandwich **27**
Tater Tots
Fresh Baby Carrots



Beef or Bean **31**
Nacho Grande
Refried Beans
Golden Sweet Corn

Pricing – Breakfast & Lunch \$0.00 Milk & Ala Carte Sides – \$.75 Snacks - \$.50 - \$1.30

Note: Each student gets 1 free breakfast & 1 free lunch at no charge per school day. Each breakfast & lunch MUST BE A COMPLETE REIMBURSABLE MEAL, or student will be charged ala carte for each item on their tray.

Breakfast: Daily choice of cereal, oatmeal bar, 4 oz yogurt cup, bagel, muffin tops, 100% juice, fruit choice & Asst. milk

M – Mini Pancakes T – Cinnamon Roll W – Breakfast Pizza TH – French Toast F – Breakfast Sandwiches

This menu is subject to change without advanced notice. If you have questions, comments, or concerns contact the Food Service Office at 589-7150