

Available daily options:

- PBJ Sandwich, Assorted Milk
- Meat chef salad w/bread choice
- Vegetarian chef salad w/bread choice
- Yogurt Cups w/bread choice
- Fruit and Vegetable Choices

# NOVEMBER 2021

## SPENCER-VAN ET TEN MIDDLE SCHOOL



This institution is an equal opportunity employer & provider

### Monday

**1**  
Breakfast Sandwich  
Tater Tots  
Carrots

**8**  
Chicken Patty on Bun  
French Fries  
Carrots

**15**  
French Toast Sticks  
w/Sausage  
Carrots

**22**  
Mozzarella Sticks  
w/Marinara & Pasta  
Carrots

**29**  
Crispy Chicken Tenders  
Carrots

### Tuesday

**2**  
BBQ Pulled Pork on a Bun  
Corn

**9**  
Beef or Bean  
Walking Taco  
Corn  
Rice  
Refried Beans

**16**  
Pasta Bake  
w/Italian Sausage  
Breadstick  
Fresh Green Pepper Strips

**23**  
Chicken & Cheese  
Quesadilla  
Corn  
Rice

**30**  
Beef or Bean Nachos  
Corn  
Rice  
Refried Beans

### Wednesday

**3**  
Toasted Cheese Sandwich  
Hot Tomato Soup

**10**  
Orange Chicken w/Rice  
Steamed Broccoli  
Egg Roll

**17**  
Half Day  
Parent/Teacher Conference  
Assorted Pizzas  
Assorted Subs/Wraps

### Thursday

**4**  
Homemade  
Macaroni & Cheese  
Green Beans



**18**  
Thanksgiving Meal  
Turkey/Gravy  
Mashed Potatoes  
Green Beans  
Fruit Crisp

### Friday

**5**  
Cheeseburgers  
Baby Carrots

**12**  
Pizza Dunkers  
w/ Marinara  
Baby Carrots

**19**  
Sloppy Joe  
Baby Carrots



Pricing – Breakfast & Lunch \$0.00 Milk & Ala Carte Sides – \$.75 Snacks - \$.50 - \$1.30

Note: Each student gets 1 free breakfast & 1 free lunch at no charge per school day. Each breakfast & lunch MUST BE A COMPLETE REIMBURSABLE MEAL, or student will be charged ala carte for each item on their tray.

Breakfast: Daily choice of cereal, oatmeal bar, 4 oz yogurt cup, bagel, muffin tops, 100% juice, fruit choice & Asst. milk

M – Mini Pancakes T – Cinnamon Roll W – Breakfast Pizza TH – French Toast F – Breakfast Sandwiches

This menu is subject to change without advanced notice. If you have questions, comments or concerns contact the Food Service Office at 589-7150