

This menu is subject to change without advanced notice. If you have questions, comments or concerns contact the Food Service Office at 589-7150

OCTOBER 2021

SPENCER VAN ETTEN ELEMENTARY SCHOOL



This institution is an equal opportunity employer & provider

Monday

Tuesday

Wednesday

Thursday

Friday

Available daily options:
 PBJ Sandwich
 Yogurt Cups w/bread choice
 Fruit and Vegetable Choices
 Assorted Milk

1
 Pizza Dunkers
 w/ Marinara
 Fresh Baby Carrots

4
 French Toast Sticks
 w/Sausage
 Tater Tots
 Carrots

5
 Beef or Bean Walking Taco
 w/Rice
 Golden Sweet Corn
 Refried Beans

6
 Chicken Nuggets
 Steamed Broccoli

7
 Homemade Macaroni &
 Cheese w/bread choice
 Green Beans

8
 Ultimate Cheese
 Breadstick w/Marinara
 Fresh Baby Carrots

11

12
 Italian Grilled Chicken
 on a Bun
 Golden Sweet Corn

13
 Toasted Cheese Sandwich
 Hot Tomato Soup

14
 Popcorn Chicken
 Mashed Potatoes
 Fresh Green Pepper Strips

15
 Cheese or Pepperoni Pizza
 Fresh Baby Carrots

18
 Chicken Nuggets
 Carrots

19
 Hot Dog on a Bun
 Baked Beans

20
 Asian Beef w/Rice
 Steamed Broccoli

21
 Mozzarella Sticks w/Pasta
 & Marinara Sauce
 Fresh Green Pepper Strips

22
 Stuffed Crust Pizza
 Fresh Baby Carrots

25
 Italian Meatball Sub
 Carrots

26
 Beef or Bean Nachos
 Golden Sweet Corn
 Refried Beans

27
 BBQ Pulled Pork
 on a Bun
 Broccoli

28
 Turkey & Gravy
 Mashed Potatoes
 Green Beans

29
 Cheese or Pepperoni Pizza
 Fresh Baby Carrots

Pricing – Breakfast & Lunch \$0.00 Milk & Ala Carte Sides - \$.75 Snacks - \$.50 - \$1.30

Note: Each student gets 1 free breakfast & 1 free lunch at no charge per school day. Each breakfast & lunch MUST BE A COMPLETE REIMBURSABLE MEAL, or student will be charged ala carte for each item on their tray.

Breakfast: Daily choice of cereal, oatmeal bar, 4 oz yogurt cup, bagel, muffin tops, 100% juice, fruit choice & Asst. milk

M – Mini Pancakes

T – Cinnamon Roll

W – French Toast Sticks TH – Cinnamon Roll

F – Breakfast Sandwiches