

This menu is subject to change without advanced notice. If you have questions, comments or concerns contact the Food Service Office at 589-7150

OCTOBER 2021

SPENCER VAN ETTEN HIGH SCHOOL



This institution is an equal opportunity employer & provider

Monday

Tuesday

Wednesday

Thursday

Friday

Available daily options:
 PBJ Sandwich
 Meat chef salad w/bread choice
 Vegetarian chef salad w/bread choice
 Yogurt Cups w/bread choice
 Assorted Subs & Wraps
 Fruit and Vegetable Choices
 Assorted Milk
 M/W/F – Assorted Pizzas
 T/TH – Chicken Patties

1
 Buffalo Wing Pizza
 Fresh Baby Carrots

4
 Breakfast Sandwiches
 Tater Tots
 Carrots

5
 Beef or Bean Walking Taco
 w/Rice
 Golden Sweet Corn
 Refried Beans

6
 Philly Cheesesteak Sub
 Steamed Broccoli

7
 Homemade Macaroni &
 Cheese w/bread choice
 Green Beans

8
 Ultimate Cheese
 Breadstick w/Marinara
 Fresh Baby Carrots

11

12
 BBQ Pulled Pork
 on a bun
 Golden Sweet Corn

13
 Toasted Cheese Sandwich
 Hot Tomato Soup

14
 Homestyle Chicken Bowl
 Fresh Green Pepper Strips

15
 Cheeseburgers
 Baked Beans
 Fresh Baby Carrots

18
 Crispy Breaded
 Chicken Tenders
 Carrots

19
 Burrito Bowl
 Chicken or Vegetarian
 w/Rice

20
 Asian Beef w/Rice
 Steamed Broccoli

21
 Chicken Chili
 w/bread stick
 Fresh Green Pepper Strips

22
 Cheese Ravioli
 w/Marinara
 Fresh Baby Carrots

25
 I
 Italian Meatball Sub
 Carrots

26
 Beef or Bean Nachos
 Golden Sweet Corn
 Refried Beans

27
 Mozzarella Sticks
 w/Pasta & Marinara Sauce
 Broccoli

28
 Turkey & Gravy
 Mashed Potatoes
 Green Beans

29
 Chicken Spiedie Sub
 Fresh Baby Carrots

Pricing – Breakfast & Lunch \$0.00 Milk & Ala Carte Sides - \$.75 Snacks - \$.50 - \$1.30

Note: Each student gets 1 free breakfast & 1 free lunch at no charge per school day. Each breakfast & lunch MUST BE A COMPLETE REIMBURSABLE MEAL, or student will be charged ala carte for each item on their tray.

Breakfast: Daily choice of cereal, oatmeal bar, 4 oz yogurt cup, bagel, muffin tops, 100% juice, fruit choice & Asst. milk

M – Breakfast on a stick

T – Cinnamon Roll

W – Breakfast Pizza

TH – French Toast

F – Breakfast Sandwiches